

CLUB ACTIVITY REPORT

Club Name: Creative Angels(Western Dance/Classical Dance)

Topic: Choreography- Focus on Footwork(Western Dance)

Teacher In-Charge: Mr. Vishesh

Song: "Kangna Tera Ni"

Introduction:

The Poetry of Feet Club recently conducted an engaging choreography workshop focusing on intricate footwork patterns. The session, led by Mr. Vishesh, centered around the song "Kangna Tera Ni," known for its rhythmic beats and energetic tempo. The primary goal was to teach students how to execute complex footwork while maintaining synchronization with the music, thereby enhancing their overall dance skills.

Activity Overview:

Materials:

- Sound system for playing the song "Kangna Tera Ni"
- Open space for dance practice

Procedure:

1. Introduction to the Song:

o Mr. Vishesh introduced the song "Kangna Tera Ni," highlighting its key beats and rhythm. He explained the significance of the song's tempo in shaping the footwork patterns.

2. Footwork Techniques:

- The session began with a warm-up to prepare students for the choreography. Mr. Vishesh
 then demonstrated various footwork techniques that would be used in the choreography,
 emphasizing precision and timing.
- Students practiced basic steps, including syncopated beats and quick foot transitions, to match the song's rhythm.

3. Practice and Refinement:

• Students practiced the choreography, with Mr. Vishesh providing feedback and guidance on improving their footwork and overall execution.

4. Final Performance:

The session concluded with a group performance of the complete choreography. Students showcased their ability to integrate the footwork into the routine, demonstrating their progress and grasp of the dance style.





Observations:

- Students showed enthusiasm and dedication throughout the workshop, quickly picking up the footwork patterns and incorporating them into the choreography.
- The focus on precise footwork helped students improve their coordination and rhythm, contributing to a more polished performance.
- The final group performance highlighted the effectiveness of the choreography in accentuating the song's rhythm and energy.

Learning Outcomes:

- 1. **Footwork Mastery:** Students developed a deeper understanding of footwork techniques and their application in dance routines.
- 2. **Rhythm and Synchronization:** The activity improved students' ability to synchronize their movements with the rhythm of the song.
- 3. **Choreographic Skills:** Students gained experience in learning and performing a choreographed routine, enhancing their overall dance proficiency.
- 4. **Confidence in Performance:** The practice and final performance helped build students' confidence in executing complex footwork and performing in front of an audience.

Conclusion:

The choreography workshop organized by the Poetry of Feet Club successfully focused on intricate footwork patterns using the song "Kangna Tera Ni." Under the guidance of Mr. Vishesh, students enhanced their technical dance skills and demonstrated their ability to execute precise and rhythmic footwork. The activity not only provided valuable dance training but also fostered a sense of achievement and confidence among participants.

Link: https://drive.google.com/file/d/11XKpkCppU7U4ChXPsRUCGKCXKfUD4hnS/view?usp=sharing





Topic: Classical Dance - Kathak Fundamentals

Teacher In-Charge: Ms Komal

Introduction:

The Poetry of Feet Club focused on Kathak, one of the major Indian classical dance forms. The session was designed to introduce and practice fundamental Kathak movements, enhance expressive hand gestures, and revise traditional dance compositions. This activity aimed to deepen students' understanding of Kathak and improve their technical and expressive skills.

Activity Overview:

Objectives:

- 1. To introduce and practice fundamental Kathak movements.
- 2. To enhance students' expressive abilities through intricate hand gestures.
- 3. To revise and perform traditional Kathak songs.

Procedure:

1. Introduction to Fundamental Kathak Movements:

 Tatkar: The session began with an introduction to Tatkar, a fundamental Kathak footwork technique involving rhythmic patterns and precise foot taps. Students practiced various Tatkar sequences to develop their sense of rhythm and coordination.

2. Practicing Hand Gestures:

o **Intricate Hand Gestures:** The workshop continued with a practice session on Kathak's expressive hand gestures, known as "**Mudras.**" Students learned and practiced several Mudras to enhance their ability to convey emotions and stories through their hands.

3. Revising Traditional Songs:

- Tarana: Students revisited the Tarana, a rhythmic vocal composition in Kathak that combines melodic patterns with intricate footwork. The revision helped students refine their technique and timing.
- Saraswati Vandana: The session also included a revision of Saraswati Vandana, a traditional prayer dance dedicated to the goddess Saraswati. This allowed students to practice the integration of Kathak movements with devotional expressions.

Observations:

• **Engagement and Progress:** Students actively engaged with the new and revised Kathak techniques. The practice of Tatkar and Rounds showed noticeable improvement in their rhythmic precision and spatial awareness.





- **Enhanced Expression:** The focus on Mudras significantly enhanced students' ability to express emotions and narrative through their hand movements.
- **Revised Performances:** The revision of Tarana and Saraswati Vandana demonstrated students' growing proficiency in performing traditional Kathak compositions with greater confidence and refinement.

Learning Outcomes:

- 1. **Technical Skills:** Students developed a solid understanding of fundamental Kathak movements, including Tatkar and Rounds, contributing to their technical dance skills.
- 2. **Expressive Abilities:** The practice of intricate hand gestures enhanced students' capacity to convey emotions and stories through their dance.
- 3. **Repertoire Familiarity:** Revisiting traditional compositions like Tarana and Saraswati Vandana allowed students to strengthen their repertoire and perform with greater accuracy and grace.
- 4. **Coordination and Rhythm:** The focus on rhythmic footwork and movements improved students' coordination and sense of rhythm, essential components of Kathak.

Conclusion:

The Poetry of Feet Club's Kathak workshop successfully introduced and refined fundamental dance techniques, enhancing students' technical proficiency and expressive abilities. By practicing Tatkar, Rounds, and Mudras, and revising traditional compositions, students gained a deeper appreciation for Kathak and improved their overall performance skills. The workshop provided a valuable opportunity for students to advance their classical dance training and connect with the rich traditions of Kathak.

